



Sample Eligible Expenses for HSAs, HRAs and FSAs

Funds in Health Savings Accounts (HSAs), certain Health Reimbursement Arrangements (HRAs), or Healthcare Flexible Spending Accounts (FSAs) can be used for the following types of qualified expenses. The plan you have must allow for qualified medical expenses to be paid under the requirements of IRS Section 213(d). Some plans do not allow for all of these expenses to be covered. Please check with your plan administrator or Sterling HSA to verify the details of your plan before incurring these types of expenses for reimbursement.

Medical expenses are the costs of diagnosis, cure, mitigation, treatment, or prevention of disease, and the costs for treatments affecting any part or function of the body. They include the costs of equipment, supplies, and diagnostic devices needed for these purposes. They also include dental expenses. Medical care expenses must be primarily to alleviate or prevent a physical or mental defect or illness. They do not include expenses that are merely beneficial to general health, such as vitamins or a vacation.

Remember that starting in 2011 under healthcare reform, HSA, HRA and FSA funds can no longer be used to purchase over-the-counter medications (such as aspirin, allergy and cold medications, etc.) without a written doctor's prescription. The pharmacist must fill prescriptions for these medications to be paid for with funds from your account. There are still many over-the-counter medical products that can be purchased without a doctor's prescription (such as contact lens solutions and diabetic test kits and supplies), so be sure to check before you purchase.

Please note the list below is of sample expenses and intended as a quick reference guide only. Sterling cannot provide tax advice. For a list of qualified expenses, please see IRS Publication 502 Section 213(d).

SAMPLE ELIGIBLE EXPENSES	
Abdominal supports	Chiropractor
Abortion	Childbirth / delivery
Acupuncture	Christian Science Practitioner
Air conditioner	Dermatologist
Alcoholism treatment	Diagnostic fees
Ambulance	Drug addiction therapy
Anesthetist	Drugs (prescription)
Arch supports	Elastic hosiery (prescription)
Artificial limbs	Eye glasses
Autoette	Fluoridation unit
Birth control pills	Guide dog
Blood tests	Gum treatment
Blood transfusions	Gynecologist
Braces	Hearing aids and batteries
Cardiographs	Hospital bills

Hydrotherapy	Podiatrist
Insulin treatment	Prenatal care
Lab tests	Prescription medicines
Lead paint removal	Psychiatrist
Legal fees	Psychotherapy
Oral surgery	Registered nurse
Organ transplant	Splints
Orthotic shoes	Vaccines
Oxygen and oxygen equipment	Vitamins (if prescribed)
Pediatrician	Wheel chair

See IRS publication 502 Section 213 (d) for a full list of eligible expenses

SAMPLE INELIGIBLE EXPENSES

Advanced payment for future services	Illegal drugs
Athletic club membership	Maternity clothes
Automobile insurance premium	Non prescription medication
Boarding school fees	Social activities
Bottled water	Special foods and beverages
Commuting expenses for disabled	Travel for general health improvement
Cosmetic surgery	Weight loss programs
Funeral, cremation or burial expenses	Many over-the-counter drugs, unless prescribed by a physician and filled by a pharmacist. There are exceptions under healthcare reform, so check before you incur the expense.
Health programs	
Illegal operations and treatments	

See IRS publication 502 Section 213 (d) for a full list of eligible expenses