

Shield Spectrum PPOSM 250-90/70 Value Foundation

Benefit Summary (For groups of 51 and above)
(Uniform Health Plan Benefits and Coverage Matrix)

THIS MATRIX IS INTENDED TO BE USED TO HELP YOU COMPARE COVERAGE BENEFITS AND IS A SUMMARY ONLY. THE CERTIFICATE OF INSURANCE AND THE GROUP POLICY SHOULD BE CONSULTED FOR A DETAILED DESCRIPTION OF COVERAGE BENEFITS AND LIMITATIONS.

Blue Shield of California Life & Health Insurance Company

Foundation plans are only available to groups within the service areas of Tulare/Kings, Mendocino/Lake, and Kern counties.

Highlights: A description of the prescription drug coverage is provided separately

Effective January 1, 2012

	Preferred Providers ¹	Non-Preferred Providers ¹
Calendar year Medical Deductible² (All providers combined)	\$250 per individual / \$500 per family	
Calendar year Copayment Maximum² (Copayments for Preferred Providers accrue to both Preferred and Non-Preferred Provider Calendar-year Copayment Maximum amounts.)	\$2,000 per individual / \$4,000 per family	\$10,000 per individual / \$20,000 per family
LIFETIME BENEFIT MAXIMUM	None	
Covered Services		
	Member Copayment	
	Preferred Providers ¹	Non-Preferred Providers ¹
PROFESSIONAL SERVICES		
Professional (Physician) Benefits		
• Physician and specialist office visits	\$15 per visit (Not subject to the Calendar-Year Deductible)	30%
• CT scans, MRIs, MRAs, PET scans, and cardiac diagnostic procedures utilizing nuclear medicine ³ (prior authorization is required)	10%	30%
• Other outpatient X-ray, pathology and laboratory (Diagnostic testing by providers other than outpatient laboratory, pathology, and imaging departments of hospitals/facilities) ³	\$15 per visit	30%
Allergy Testing and Treatment Benefits		
• Office visits (includes visits for allergy serum injections)	10%	30%
Preventive Health Benefits		
• Preventive Health Services (see the description of Preventive Health Services in the definitions section of the Certificate of Insurance for more information)	No Charge (Not subject to the Calendar-Year Deductible)	Not Covered
OUTPATIENT SERVICES		
Hospital Benefits (Facility Services)		
The maximum allowed charges for non-emergency surgery and services performed in a non-participating Ambulatory Surgery Center or outpatient unit of a non-preferred hospital is \$350 per day. Members are responsible for 30% of this \$350 per day, plus all charges in excess of \$350.		
• Outpatient surgery performed at an Ambulatory Surgery Center ⁴	10%	30%
• Outpatient surgery in a hospital	10%	30%
• Outpatient Services for treatment of illness or injury and necessary supplies (Except as described under "Rehabilitation benefits")	10%	30%
• CT scans, MRIs, MRAs, PET scans, and cardiac diagnostic procedures utilizing nuclear medicine performed in a hospital (prior authorization is required) ³	\$100 per visit + 10%	30%
• Other outpatient X-ray, pathology and laboratory performed in a hospital ³	\$40 per visit	30%
• Bariatric Surgery (pre-authorization required; medically necessary surgery for weight loss, only for morbid obesity) ⁵	10%	30%
HOSPITALIZATION SERVICES		
Hospital Benefits (Facility Services)		
• Inpatient Physician Services	10%	30%
• Inpatient Non-emergency Facility Services (Semi-private room and board, medically necessary services and supplies)	10%	30% ⁶
• Bariatric Surgery (pre-authorization required; medically necessary surgery for weight loss, only for morbid obesity) ⁵	10%	30% ⁶
Skilled Nursing Facility Benefits⁷ (Combined maximum of up to 100 preauthorized days per calendar year; semi-private accommodations)		
• Services by a free-standing Skilled Nursing Facility	10%	10% ⁷

• Skilled Nursing Unit of a Hospital	10%	30% ⁶
EMERGENCY HEALTH COVERAGE		
• Emergency room Services not resulting in admission (If ER services do not result in a direct admission the Calendar-Year Deductible does not apply)	\$100 per visit + 10%	\$100 per visit + 10%
• Emergency room Services resulting in admission (When the member is admitted directly from the ER)	10%	10%
• Emergency room Physician Services	10%	10%
AMBULANCE SERVICES		
• Emergency or authorized transport	10%	10%
PRESCRIPTION DRUG COVERAGE		
Outpatient Prescription Drug Benefits	A description of your outpatient prescription drug coverage is provided separately. If you do not have the separate drug summary that goes with this benefit summary, please contact your benefits administrator or call Customer Services at (800) 200-3242 .	
PROSTHETICS/ORTHOTICS		
• Prosthetic equipment and devices (Separate office visit copay may apply)	10%	30%
• Orthotic equipment and devices (Separate office visit copay may apply)	10%	30%
DURABLE MEDICAL EQUIPMENT		
• Durable Medical Equipment	10%	30%
MENTAL HEALTH SERVICES (PSYCHIATRIC)⁸		
	MHSA Participating Providers¹	MHSA Non-Participating Providers¹
• Inpatient Hospital Services	10%	30% ⁶
• Outpatient Mental Health Services	\$15 per visit (Not subject to the Calendar-Year Deductible)	30%
CHEMICAL DEPENDENCY SERVICES (SUBSTANCE ABUSE)⁹		
Please see footnote 13		
• Chemical dependency and substance abuse services	Not Covered	Not Covered
HOME HEALTH SERVICES¹⁰		
	Preferred Providers¹	Non-Preferred Providers¹
• Home health care agency Services (Maximum of 100 prior authorized visits per Calendar Year)	10%	Not Covered ¹⁰
• Home infusion/home intravenous injectable therapy and infusion nursing visits provided by a Home Infusion Agency (See "Prescription Drug Coverage" for specialty drugs)	10%	Not Covered ¹⁰
OTHER		
Hospice Program Benefits¹⁰		
• Routine home care	No Charge	Not Covered ¹⁰
• Inpatient Respite Care	No Charge	Not Covered ¹⁰
• 24-hour Continuous Home Care	10%	Not Covered ¹⁰
• General Inpatient care	10%	Not Covered ¹⁰
Chiropractic Benefits¹¹		
• Chiropractic Services - provided by a chiropractor (Up to 12 visits per calendar year)	\$25 per visit	50%
Acupuncture Benefits¹¹		
• Acupuncture (Up to 20 visits per calendar year)	\$25 per visit	\$25 per visit
Rehabilitation Benefits (Physical, Occupational and Respiratory Therapy)		
• Office location	\$15 per visit	50%
Speech Therapy Benefits		
• Office location	\$15 per visit	30%
Pregnancy and Maternity Care Benefits		
• Prenatal and Postnatal Physician Office Visits (For inpatient hospital services, see "Hospitalization Services.")	10%	30%
Family Planning Benefits		
• Counseling and consulting	\$15 per visit (Not subject to the Calendar-Year Deductible)	Not Covered
• Elective abortion ¹²	10%	Not Covered
• Tubal ligation ¹²	10%	Not Covered

• Vasectomy ¹²	10%	Not Covered
Diabetes Care Benefits		
• Devices, equipment, and non-testing supplies (For testing supplies, see "Outpatient Prescription Drug Benefits.")	10%	30%
• Diabetes self-management training (If billed by your provider, you will also be responsible for the office visit copayment)	\$15 per visit	30%
Care Outside of Plan Service Area Benefits provided through BlueCard [®] Program, for out-of-state emergency and non-emergency care, are provided at the preferred level of the local Blue Plan allowable amount when you use a Blue Cross/Blue Shield provider.		
• Within US: BlueCard Program	See Applicable Benefit	See Applicable Benefit
• Outside of US: BlueCard Worldwide	See Applicable Benefit	See Applicable Benefit
Optional Benefits	Optional dental, vision, substance abuse treatment, infertility and hearing aid benefits are available. If your employer purchased any of these benefits, a description of the benefit is provided separately.	

- ¹ Member is responsible for copayment in addition to any charges above allowable amounts. The coinsurance indicated is a percentage of allowable amounts. Preferred providers accept Blue Shield Life's allowable amount as full payment for covered services. Non-preferred providers can charge more than these amounts. When members use non-preferred providers, they must pay the applicable copayment plus any amount that exceeds Blue Shield Life's allowable amount. Charges above the allowable amount do not count toward the calendar-year deductible or copayment maximum.
- ² Deductible and copayments marked with a (1) do not accrue to calendar-year copayment maximum. Copayments and charges for services not accruing to the member's calendar-year copayment maximum continue to be the member's responsibility after the calendar-year copayment maximum is reached. Deductible does not apply toward the calendar-year maximum. Please refer to the Certificate of Insurance and the Group Policy for exact terms and conditions of coverage.
- ³ Participating non Hospital based ("freestanding") outpatient X-ray, pathology and laboratory facilities centers may not be available in all areas. Regardless of their availability, you can obtain outpatient X-ray, pathology and laboratory services from a hospital or an ambulatory surgery center affiliated with a hospital, with payment according to your health plan's hospital services benefits.
- ⁴ Participating ambulatory surgery facilities centers may not be available in all areas. Regardless of their availability, you can obtain outpatient surgery services from a hospital or an ambulatory surgery center affiliated with a hospital, with payment according to your health plan's hospital services benefits.
- ⁵ Bariatric surgery is covered when pre-authorized by Blue Shield. However, for members residing in Imperial, Kern, Los Angeles, Orange, Riverside, San Bernardino, San Diego, Santa Barbara and Ventura Counties ("Designated Counties"), bariatric surgery services are covered only when performed at designated contracting bariatric surgery facilities and by designated contracting surgeons; coverage is not available for bariatric services from any other preferred provider and there is no coverage for bariatric services from non-preferred Providers. In addition, if prior authorized by Blue Shield Life and Health, a member in a Designated County who is required to travel more than 50 miles to a designated bariatric surgery facility will be eligible for limited reimbursement for specified travel expenses for the member and one companion. Refer to the Certificate of Insurance for further benefit details.
- ⁶ The maximum allowed charges for non-emergency hospital services received from a non-preferred hospital is \$600 per day. Members are responsible for 30 percent of this \$600 per day, plus all charges in excess of \$600.
- ⁷ Services may require prior authorization by Blue Shield. When these services are prior authorized, members pay the preferred or participating provider amount.
- ⁸ Mental health services are accessed through Blue Shield of California Life and Health Insurance Company's Mental Health Service Administrator (MHSA) - using Blue Shield's MHSA participating and non-participating providers. Only Blue Shield MHSA contracted providers are administered by the Blue Shield MHSA. Behavioral health services rendered by non-participating providers are administered by Blue Shield. For a listing of severe mental illnesses, including serious emotional disturbances of a child, and other benefit details, please refer to the Certificate of Insurance or Group Policy.
- ⁹ Inpatient services for acute detoxification are covered under the medical benefit; see hospitalization services for benefit details. Services for medical acute detoxification are accessed through Blue Shield using Blue Shield's preferred providers or non-preferred providers.
- ¹⁰ Out of network home health care, home infusion and hospice services are not covered unless pre-authorized. When these services are pre-authorized, the member pays the Preferred Provider copayment.
- ¹¹ All outpatient acupuncture and chiropractic visits accrue to the calendar-year visit maximum regardless of whether the plan deductible has been met.
- ¹² Copayment shown is for physician's services. If the procedure is performed in a facility setting (hospital or outpatient surgery center), an additional facility copayment may apply.
- ¹³ **Optional substance abuse treatment benefits are available. If your employer purchased these benefits, a description of the benefit is attached hereto as "Additional Substance Abuse Treatment Benefits."**

Plan designs may be modified to ensure compliance with state and federal requirements.