



North Coast Association of Health Underwriters

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March Membership Meeting

Thursday, March 11, 2010

Registration begins at 11:45 a.m. Lunch served at 12:00 p.m.



Our Featured Speaker: Kristin Komen, Regional Sales Director,
Optum Health

Presenting: “Consumer Choices For Self Directed Health Care”

Foxtail Golf Club

100 Golf Course Drive, Rohnert Park, Ca. 94928

Registration Rates

Members with CE \$10.00 Non-Members \$25.00

Members without CE, register online in advance to attend and eat lunch for free! First time attendees Free!

*ATTENTION** Effective 10/2009 NCAHU will be charging walk in rates for those who do not RSVP to attend in advance. Walk in Rates – Members (with or without CE) \$10.00 Non-Members \$30.00*

About this course:

This class will provide an overview of different consumer directed health plan types that are available for consumers– FSA’s (flexible savings accounts), the newer plan types, HRA’s (health reimbursement arrangements), and HSA’s (health savings accounts). The course will examine some of the most common elements of these plans and compare them one to the other.

To register visit :

Link: <http://www.mymemberlink.com/ncahu>

Mail checks made out to NCAHU to: P.O. Box 1071, Fresno, CA 93714 ~

Fax: 559-227-1463 ~

For more information call 800-910-6622